

Lifestyle Spending Account (LSA)

State of New Hampshire - Fitness Facility and Equipment Reimbursement

Effective January 1, 2023, the Fitness Facility Reimbursement or Home Fitness Equipment Reimbursement program has transitioned from Anthem to ASI Flex under a Lifestyle Spending Account (LSA) plan.

What you need to know:

- **Eligibility for this reimbursement program has not changed.**
 - Employees enrolled in the HMO Plan are eligible to receive up to \$450 each plan year for reimbursement of membership in a gym or fitness center **OR** up to \$200 for reimbursement toward a piece of approved home fitness equipment.
- **Eligible expenses incurred in 2022 will still need to be submitted to Anthem.**
 - The deadline for submitting 2022 eligible expenses to Anthem is April 30, 2023.
 - [Anthem Home Fitness Equipment Reimbursement Form](#)
 - [Anthem Fitness Center Reimbursement Form](#)
- **Eligible expenses incurred on or after January 1, 2023, will need to be submitted to ASI Flex for reimbursement.**
 - Eligible employees with an existing ASIFlex will see the LSA plan benefit in their account when they log in. Those employees who do not have an account with ASIFlex yet can visit the [ASI Flex Website](#) to create their account.
 - Eligible employees can submit their claims through the ASI Flex mobile app, the [ASI Flex Website](#), via fax or mail.
 - The deadline for submitting 2023 eligible expenses to ASI Flex is April 30, 2024.
 - [LSA Fitness Reimbursement Claim Form](#)

For more information on this benefit visit [HMO Medical Plan | NH Dept. of Administrative Services | Risk and Benefits](#).